

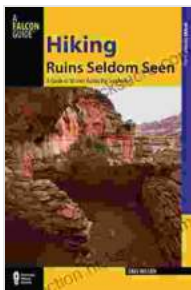
# Guide to 36 Sites Across the Southwest Regional Hiking Series

## The 36 Sites

The 36 sites in the Southwest Regional Hiking Series are located in a variety of landscapes, from desert to forest to mountains. The hikes range in length from easy day hikes to challenging multi-day backpacking trips.

Here is a list of the 36 sites:

- **Arizona**



### Hiking Ruins Seldom Seen: A Guide to 36 Sites Across the Southwest (Regional Hiking Series)

by Dave Wilson

★★★★☆ 4.7 out of 5

Language : English  
File size : 20047 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 318 pages



- Camelback Mountain
- Cathedral Rock
- Flatiron

- Four Peaks
- Grand Canyon
- Havasupai Falls
- Humphreys Peak
- Kachina Peaks
- Mount Lemmon
- Papago Park
- Piestewa Peak
- Pinnacle Peak
- Sabino Canyon
- San Francisco Peaks
- Sedona
- Superstition Mountains
- Tonto National Forest
- Tucson Mountains
- **California**
  - Anza-Borrego Desert State Park
  - Death Valley National Park
  - Joshua Tree National Park
  - Mount Whitney

- Redwood National and State Parks
- Santa Monica Mountains
- Sequoia National Park
- Yosemite National Park
- **Colorado**
  - Rocky Mountain National Park
  - Great Sand Dunes National Park and Preserve
  - Mesa Verde National Park
  - Pike's Peak
  - San Juan Mountains
  - Vail Ski Resort
- **Nevada**
  - Great Basin National Park
  - Lake Tahoe
  - Ruby Mountains
  - Valley of Fire State Park
- **New Mexico**
  - Bandelier National Monument
  - Carlsbad Caverns National Park
  - Chaco Culture National Historical Park

- White Sands National Park
- **Texas**
  - Big Bend National Park
  - Davis Mountains
  - Guadalupe Mountains National Park
- **Utah**
  - Arches National Park
  - Bryce Canyon National Park
  - Canyonlands National Park
  - Capitol Reef National Park
  - Zion National Park

## Planning Your Hike

When planning your hike, be sure to consider the following factors:

- **Your fitness level:** Choose a hike that is appropriate for your fitness level. If you are not sure, start with an easy hike and gradually work your way up to more challenging hikes.
- **The time of year:** The best time to hike in the Southwest is during the spring and fall, when the weather is mild. However, some trails are open year-round, while others may be closed during certain seasons.
- **The weather:** Check the weather forecast before you go hiking. Be prepared for changing weather conditions, especially in the mountains.

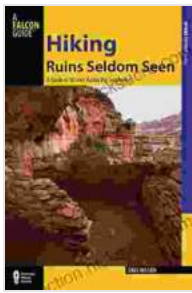
- **The trail conditions:** Check the trail conditions before you go hiking. Some trails may be muddy, rocky, or slippery.
- **The water availability:** Be sure to bring plenty of water with you on your hike. There may not be water available on the trail.
- **The camping options:** If you are planning to backpack, be sure to reserve your campsite in advance.

## Safety Tips

When hiking, be sure to follow these safety tips:

- **Hike with a friend:** Never hike alone. If you get lost or injured, it is important to have someone with you to help you.
- **Be aware of your surroundings:** Pay attention to the trail signs and stay on the trail. Be aware of changing weather conditions and other hazards.
- **Bring plenty of water:** Drink water regularly, even if you don't feel thirsty.
- **Wear appropriate clothing:** Wear comfortable clothing that is appropriate for the weather conditions.
- **Be prepared for emergencies:** Bring a first-aid kit and a whistle in case of emergencies.

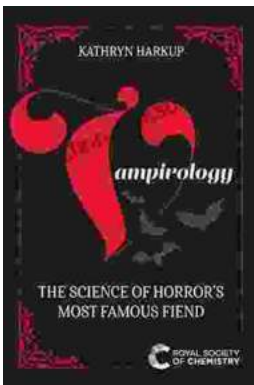
The Southwest Regional Hiking Series is a valuable resource for hikers of all levels. The guides can help you plan your hikes, avoid getting lost, and stay safe on the trail. With so many great hikes to choose from, you are sure to find the perfect hike for you.



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