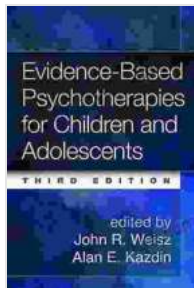


Evidence-Based Psychotherapies for Children and Adolescents, Third Edition: A Comprehensive Guide to Theory, Research, and Practice



Evidence-Based Psychotherapies for Children and Adolescents, Third Edition by John R. Weisz

★★★★☆ 4.5 out of 5

Language	: English
File size	: 4544 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 642 pages



Evidence-Based Psychotherapies for Children and Adolescents, Third Edition, provides a comprehensive guide to the theory, research, and practice of evidence-based psychotherapies for children and adolescents. This book is an essential resource for clinicians, researchers, and students who work with children and adolescents with mental health problems.

The book is divided into four parts. Part I provides an overview of evidence-based psychotherapy for children and adolescents. Part II reviews the evidence for specific psychotherapies for children and adolescents with anxiety disorders, depression, and other mental health problems. Part III discusses the application of evidence-based psychotherapy to special populations, such as children and adolescents from ethnic minority groups

and children and adolescents with trauma histories. Part IV provides guidance on how to integrate evidence-based psychotherapy into clinical practice.

Part I: Overview of Evidence-Based Psychotherapy for Children and Adolescents

Part I of Evidence-Based Psychotherapies for Children and Adolescents, Third Edition, provides an overview of evidence-based psychotherapy for children and adolescents. This section covers the following topics:

- * The definition of evidence-based psychotherapy
- * The principles of evidence-based psychotherapy
- * The research evidence for evidence-based psychotherapy
- * The application of evidence-based psychotherapy to clinical practice

Part II: Evidence for Specific Psychotherapies for Children and Adolescents

Part II of Evidence-Based Psychotherapies for Children and Adolescents, Third Edition, reviews the evidence for specific psychotherapies for children and adolescents with anxiety disorders, depression, and other mental health problems. This section covers the following psychotherapies:

- * Cognitive-behavioral therapy (CBT)
- * Interpersonal therapy (IPT)
- * Family therapy
- * Psychodynamic therapy
- * Medication

Part III: Application of Evidence-Based Psychotherapy to Special Populations

Part III of Evidence-Based Psychotherapies for Children and Adolescents, Third Edition, discusses the application of evidence-based psychotherapy

to special populations, such as children and adolescents from ethnic minority groups and children and adolescents with trauma histories. This section covers the following topics:

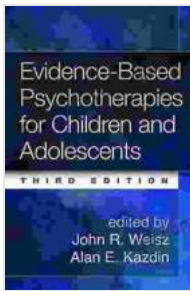
- * The cultural adaptation of evidence-based psychotherapy
- * The application of evidence-based psychotherapy to children and adolescents from ethnic minority groups
- * The application of evidence-based psychotherapy to children and adolescents with trauma histories

Part IV: Integration of Evidence-Based Psychotherapy into Clinical Practice

Part IV of Evidence-Based Psychotherapies for Children and Adolescents, Third Edition, provides guidance on how to integrate evidence-based psychotherapy into clinical practice. This section covers the following topics:

- * The assessment of children and adolescents for evidence-based psychotherapy
- * The selection of an evidence-based psychotherapy for children and adolescents
- * The implementation of evidence-based psychotherapy for children and adolescents
- * The evaluation of evidence-based psychotherapy for children and adolescents

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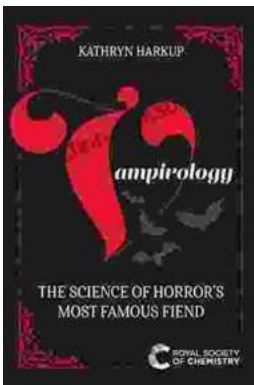


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